

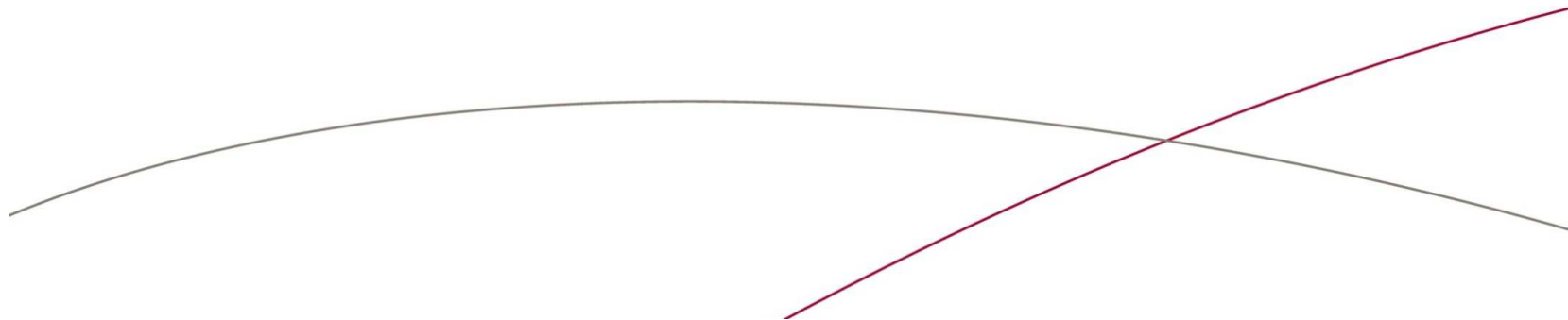


Ear acupuncture as an adjunct to in-patients with anorexia nervosa.

Two qualitative studies.

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Standardized ear acupuncture: NADA

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Two studies about patients' experiences:

“Creating an opportunity to reflect. Ear acupuncture in anorexia nervosa – in-patients' experiences”

Hedlund S. & Landgren K. (2017). *Issues in Mental Health Nursing*

“Getting well is more than gaining weight - patients experiences of a treatment program for anorexia nervosa including ear acupuncture”

Olsson, A., Landgren, K. (2020) *Issues in Mental Health Nursing*







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Acupuncture became the framework that offered a pause, a space for reflection





Thank you!

Questions?

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